



Pureed Cheese Omelet

Ingredients

Hot Tap Water	5 oz.
SimplyThick® EasyMix™	3 (6g) Nectar Packets OR 3 Strokes
Cooked Liquid Egg	30 oz.
American Cheese Slice	5 each
Fine Cracker Meal Optional	2 ½ tsp

Yield: 5 omelets

Special Equipment Needed: Blender, Disposable Piping Bag, and Rubber Spatula

Wash hands before beginning preparation. SANITIZE surfaces & equipment.

- 1 Combine the tap water and SimplyThick in a 1 pint shaker to make thickened water. Set aside.
- 2 In a blender place the cooked scrambled eggs, cheese, and the thickened water and puree on high for 30 seconds.
- 3 Scrape the side of the blender with a spatula and process for another 30 seconds until smooth.
- 4 **Optional:** Add cracker meal to blender and process for another 30 seconds.
- 5 Using a rubber spatula, fill the piping bag with the egg mixture.
- 6 Starting at the 3:00 position on the plate, evenly pipe a semi-circle to create an omelet shape.
- 7 Continue piping the mixture until the outline is filled and is about a ½ inch in thickness.
- 7 Using the back of a spoon, smooth out any edges to create the omelet.
- 8 Place plate into a microwave and heat on high for 35 seconds to heat the omelet through.
- 9 If all of the servings need to be heated at the same time, repeat the piping step into a steam table pan, cover, and heat thoroughly. Using a spatula carefully place onto heated plate.
- 10 Serve.

Source: Chef Jason Crim – Garden Springs Gourmet

Critical Control Points (CCP):

- Reheat to a minimum internal temperature of 165°F for 15 seconds
- Maintain at a minimum internal temperature of 135°F for no longer than 4 hours
- Discard any leftover portions

If you have any questions pertaining to the SimplyThick products, please don't hesitate to contact us: 800-205-7115 / www.simplythick.com

DISCLAIMER – Although information provided is believed to be true and accurate, SimplyThick, LLC (ST) cannot anticipate all actual situations and/or conditions of use. ST cannot assure the suitability of SimplyThick® for any particular situation or that SimplyThick® will work in every situation. If you have any questions about use of SimplyThick®, consult your doctor or physician. See www.simplythick.com/safety for more information.

Use of SimplyThick® is covered by US Patent #7,638,150, Canadian Patent #2,459,924, European Patent #EP1423019B1, Australian Patents #AU2004209974 B2 and #AU2008202549, and others pending. SimplyThick® and Simply Different, Simply Better.® are registered trademarks of SimplyThick, LLC, St. Louis, MO. All rights reserved. © SimplyThick, LLC, 2017.