



Thickened Mint Shamrock Shake

Ingredients

Vanilla Ice Cream, Thickened w/ SimplyThick® EasyMix™	2 cups 2 (12g) Honey Packets OR 4 strokes
Milk, Thickened w/ SimplyThick® EasyMix™	1 cup
Nectar consistency:	2 (6g) Nectar Packets OR 2 strokes
Honey consistency:	2 (12g) Honey Packets OR 4 strokes
Mint Extract	¼ tsp
Green Food Coloring	8 drops

Yield: 2 servings

Special Equipment Needed: blender

Wash hands before beginning preparation. **SANITIZE** surfaces & equipment.

- 1 Let vanilla ice cream soften then put in blender with SimplyThick until mixed. Set aside.
- 2 Thicken milk per desired thickness above.
- 3 Add ¼ teaspoon mint extract and 8 drops food coloring to thickened milk.
- 4 Add thickened milk mixture to the thickened ice cream and blend.
- 5 Serve and enjoy

Critical Control Points (CCP):

- Please consult with SLP for approval of straw prior to use.
- Please consult with SLP for approval of whipped cream garnish

If you have any questions pertaining to the SimplyThick products, please don't hesitate to contact us: 800.205.7115 / www.simplythick.com



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